

MD Counseling Services

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RE: Lisa Stimson

To Whom It May Concern:

It is my pleasure to write this letter of recommendation for Mrs. Lisa Stimson. I met Mrs. Stimson when she trained as a school counselor intern with MD Counseling Services during summer 2025. She was a student at Regent University pursuing a master's degree in professional counseling. I am the Program Manager for mental health services and supervisor for the interns.

Mrs. Stimson worked independently and with other interns, interviewing clients and learning case work skills. Additionally, she met individuals and families in the community as she distributed food as part of the summer SNAP program (Supplemental Nutrition Assistance Program). This gave her an opportunity to participate in direct service delivery to an urban population because people are directly influenced by their environment. She attended weekly clinical supervision sessions with her fellow interns. Mrs. Stimson was also able to train in Youth Mental Health First Aid in a face-to-face seminar.

We were delighted to have had Mrs. Stimson working with us. She is an insightful, compassionate person whose personality was shown in her work. We think that she will be an asset to the profession, and we are pleased to encourage the completion of her degree, ongoing training, and entry into the counseling profession.

Sincerely,

Johanne White

Johanne White, LCSW-C

Program Manager, MDCS